



Message Map – January 9, 2011
 “Baggage Check-What’s Weighing You Down?”
 Psalm 109:21-31

Notes:

21 But you, Sovereign LORD, help me for your name’s sake; out of the goodness of your love, deliver me. 22 For I am poor and needy, and my heart is wounded within me. 23 I fade away like an evening shadow; I am shaken off like a locust. 24 My knees give way from fasting; my body is thin and gaunt. 25 I am an object of scorn to my accusers; when they see me, they shake their heads. 26 Help me, LORD my God; save me according to your unfailing love. 27 Let them know that it is your hand, that you, LORD, have done it. 28 While they curse, may you bless; may those who attack me be put to shame, but may your servant rejoice. 29 May my accusers be clothed with disgrace and wrapped in shame as in a cloak. 30 With my mouth I will greatly extol the LORD; in the great throng of worshipers I will praise him. 31 For the Lord stands at the right hand of the needy, to save their lives from those who would condemn them.

Acknowledge your _____ Job 7:11

LETTING GO...

God, help _____ and fill my heart with _____ Jeremiah 31:3

God, help _____ my mind with _____ Romans 12:2

God, help _____ what’s lost Psalm 71:20; Jeremiah 30:17

God, help me _____ my _____ Colossians 3:13; Luke 6:35

“Alive with resurrection hope and joy!”

*** INSERTS FOR SUNDAY, JANUARY 9, 2011 ***

“The mission of LUMC is to make disciples of Jesus who will live transformed lives, and who will influence their generation and the next with God’s love!”

This Week at LUMC

Sunday 1/9/11

8:15 AM Traditional Worship
 9:45 AM Sunday school (Asb, Ed. Bldg.)
 9:45 AM Praise Worship
 11:00 AM Traditional Worship
 11:15 AM *Youth leadership team*
 12:30 PM Angel ringers (Sanc)
 1:30 PM Seraphim Ringers (Sanc)
 4:30 PM *Alpha course (Sanc, Asb)*; Puppets (Lib); Youth band (AG); Comedy team; Confirmation (AG)

5:30 PM *Generation Change (AG)*

Monday 1/10/11

7:00 PM *Alpha team (AG1)*; Troop 998 (Asb)
 7:30 PM *Trustees (Parl)*

Tuesday 1/11/11

10:00 AM LUMC staff meeting (Libr)
 7:00 PM *Web Team (Lib)*; AA Literature mtg (Wes)

Wednesday 1/12/11

6:30 AM *Donuts & Discipleship (AG1)*
 10:00 AM LUMP music class (Asb)
 7:00 PM Chancel choir (Choir, Sanc); Boy Scout Roundtable (Asb, Wes, grn & red rms); *Library Comm. (Lib)*

Thursday 1/13/11

10 AM & 1 PM LUMP music class (Asb)
 7:00 PM *COM (Wes)*
 7:30 PM Praise Team (Sanc); Chorus Old Dom. (Asb)

Friday 1/14/11

1/14/11 Youth lock-in begins
 9:00 AM Play and learn (blue room)
 11:30 AM Overeaters Anon (Parl)
 6:30 PM Fife & Drum (Asb, classroom)

Saturday 1/15/11

8:45 AM OA (Parl)
 10:00 AM SLA 12-step group (Parl)

Sunday 1/16/11

Newsletter items due
 8:15 AM Traditional Worship

Our Prayers

- **Healing:** Anna Hough, Dick Hammond, John Laycock, Jeff Frazee, Ginny Moore, Kelly McCaffrey, Shawn Sharpe, Kathi Pierce, Austin Talbot, Jim Rives, Lisa Warf, Bill Tripp, Hannah Kircher, Marjorie West
- **Military & non-military personnel serving overseas**, especially Scott Lewis whose unit is in Afghanistan, Don Lew, Jr., and Michael Luna.
- **Condolences:** to David and Sunny King, whose son Joshua (29 years old) died on January 4.

Inclement Weather Policy: As winter weather approaches, just a reminder that LUMC will be open for worship on Sunday, regardless of the weather, except in very extreme weather conditions such as a hurricane, “100-year” flood, blinding blizzard conditions, etc.. We were fortunate to have the church open every Sunday this past winter. Always use good judgment and err on the side of safety when inclement weather hits the area. Check the church’s website and local television/radio when in doubt.

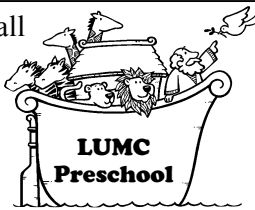


The last Sunday of this month (January 30) will be **Leadership Sunday**. We will be dedicating our leaders that Sunday at each worship service.

- 9:45 AM Praise Worship
- 9:45 AM Sunday school (Asb, Ed. Bldg.)
- 11:00 AM Traditional Worship

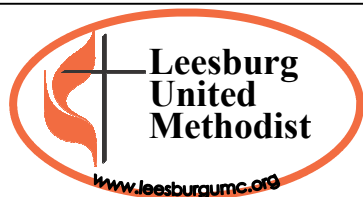
Making disciples involves “going, sharing and inviting”, or, “evangelism”. evangelize in order bring people to a place, a building, or an organization – we evangelize in order to bring others and us closer to Jesus! Be an evangelist—go, share, invite!

Preschool registration for Fall 2011 begins on Feb. 7 for church members and currently enrolled families. There is a \$25.00 discount for registering this week.



There will be an Open House on Jan. 10, 9 - 11:00 and on Jan. 26 12:30-2:00. Please call Barb at the school for an appointment if you'd like to visit at another time. Please spread the word to neighbors and friends.

Please contact Jim & Cindy Swartz or the church office if your child is interested in serving as an **acolyte for Sunday worship**. Thank you!



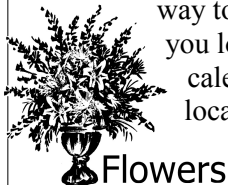
LUMC Magnets on sale in Wesley for \$5!

Wanted: Several retired members of our congregation on fixed incomes are looking for a good, used computer in good condition for email, basic word processing, either PC or Mac (that runs OS 10), with high-speed connectivity. Must be clean & clear of all viruses. If you have one to donate, please contact the office. Thanks!

Electric recliner for sale. Mid-size, beige/gold color, good condition. Call Janice Webb, 703-777-3116.

FLOWERS

Sponsoring the altar or narthex flowers is a great way to honor or remember someone you love. The sign-up forms and calendar with available dates are located in the hallway across from the office. Sign up today!



Flowers

Stephen Ministry

You have been reading about the ministry of the Stephen Ministers here Leesburg UMC, and have thought about maybe joining the next training class. Well, it is time to mark your calendar and fill out the application.

The next Stephen Series training class will begin on Monday, January 24, 2011. **Please turn in your application to the church office as soon as possible, but not later than Monday, January 17, 2011.** If you don't have an application yet, or need more encouragement to apply, please contact Wayne Reynolds or Suzie Simpson (natesuzie@verizon.net).

Sign up soon for the Lay Servants Academy!

The Virginia United Methodist Lay Servants Academy will be held February 25-27, at the VA U. M. Assembly Center in Blackstone, VA. 19 different courses, include the Lay Speaking "Basic Class", "History of the Christian Faith", "Storytelling for the Christian Soul", "Faith Sharing", "Ministry with Older Adults", and more! This opportunity is not just for those in leadership positions, but is open to all who desire to learn and grow in their faith and knowledge. Scholarships are available to offset the cost—contact Pastor Wishmyer. See brochure for more info.



Trail Guide for week of January 10, 2011

Baggage. We all have it if we've lived a while. Even when we forget about it, it's there. Even if others don't see it, it's there. When we try to deny it, it's there. Fortunately, God, who knows us inside and out, sees it. Every now and then, God gives us a little nudge to remind us not just about our baggage, but of the help that God continually offers. All we need to do is to acknowledge what we're carrying around, and then ask God's help to sort through and get rid of what's weighing us down. For some of us, God may use a professional therapist to bring that help. For others who have built up trust in key relationships, God may use these friendships to bring that help. And, while the baggage check must begin with personal willingness, we cannot do it alone. While our Trail Guide readings over the next few weeks may be done alone (or with a spouse, friend, small group), I encourage you to partner with another person to share at least once a week your reflections, insights, struggles, and breakthroughs. God's *shalom* be with you!

Monday, January 10 – Psalm 109:21-31 – reread this passage from Sunday. Listen for God's voice to you through this scripture. Where and how do you sense your need? Where, when, by whom have you been wounded within? Go back and read/pray the prayers from the Message Map for each situation.

Tuesday, January 11 – John 3:16-17 – as you read, imagine the love God has for you (and for all humanity) that prompted sending Christ into the world. Pay careful attention to what love does/will do (vs 16, 17), and what love does not/will not do (vs. 17).

Wednesday, January 12 – John 15:9 – just one verse today... read it several times and try to commit it to memory. Meditate on this message; imagine the love between God the Father and God the Son. As God's daughter or son, this love is for you.

Thursday & Friday, January 13 & 14 – Romans 8:31-39 – take these two days to read over and reflect on this passage. On **Thursday**, think about the "charges" brought against you in your life to this point, the hurtful and painful judgments by others. Offer each one to God in prayer, knowing that not a single one can stand in the way of God's love for you. On **Friday**, read these verses slowly and allow them to sink into your inner being, especially each assurance and every affirmation. Now, offer a prayer for those who have hurt you... knowing that the God's love that holds you reaches out to them as well. Consciously choose to release all bitterness, resentment and anger.

Saturday, January 15 – Review. Have you shared with another your journey this week?

Pray for Sunday's worship and Sunday school. Get ready for what's next: "the scanner"!

Imagine...

Imagine being actively involved at LUMC:

- attending worship,*
- singing in the choir, or praise band,*
- playing handbells,*
- helping out in Sunday school,*
- sharing in a small group,*
- helping with work projects around the church,*
- servicing on a mission team.*

But now you've aged. It's difficult to get around your own home without help, let alone get around town and to church. Folks sometimes call, but few come by. You miss worship... you miss the music... you miss the people..you miss receiving communion.



Now, imagine the joy when someone from your church gives their time to come visit, and brings communion!

Please, consider being that "someone" for one of our homebound members. Consider being that "someone" who comes in the name of Christ, representing LUMC to share the sacrament and demonstrate God's love. Contact Debbie Brooks or Pastor jim Wishmyer for more information.

If you have a problem with alcohol, there is help.
540-667-0322 or 1-800-835-6130
www.AAVirginia.org

We will be starting the next session of **Financial Peace University** on **January 20th**, meeting on Thursday nights for this class. Dave Ramsey is offering an early sign up bonus for the month of November. For every 10 members who sign up, they will throw in a copy of Dave's *The Total Money Makeover*. The first 12 to signup will be \$83 per kit. Others will be the regular kit price of \$99. Teenagers still living at home are also included in that price.

Please contact Jill Ryan for more information or pick up a flyer from the adult small groups table.
JillRRyan@gmail.com or 703.779.4997.

HAITI UPDATE

I'm looking for volunteers to travel with me to Jacmel, Haiti, February 2 through 12 to help distribute the supplies we purchased/collected this past fall. If you are interested, contact me at (540) 882-9194 or via e-mail at denicore@msn.com for details.

-Mark Denicore

Welcome Our Newest Members:

9:45 service:

Professing Members:

Saber & Lisa Martin

112 Cedargrove Pl.

Leesburg, VA 20176



CHECK THE CALENDAR!

LUMC facilities get a lot more use than you may be aware of. If you want to have an impromptu, unscheduled meeting – especially if you need to use Wesley or Asbury halls – be sure to check the weekly calendar posted by the office door before you get started.

To schedule a room, please call or email Linda Stoutenburgh in the church office. 703-777-2056, office@leesburgumc.org

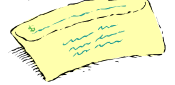
Supply Needs List for Cold Weather Shelter 2010-2011 Drop in Center

Clothing (M/F socks & underwear, all sizes), Gift cards for Fast Food or coffee, Household supplies (paper products, laundry detergent, snack/sandwich Ziploc bags), Winter clothing (hats, gloves, sweatshirts, scarves), Personal care/hygiene items, Food & beverages for lunches, Bedding (blankets, pillows, twin-size sheets, pillowcases). Contact Sonia Smith, 571.253.3033 for info & for drop-off.

2011 Offering Envelopes

2011 offering envelopes are available for pickup in Wesley Hall. If you do not find pre-printed envelopes for you, please sign up on the clip board stationed with the envelope sets, and we will see that a set is prepared for you!
Thank you.

Offering Envelopes



The Alpha Course: an opportunity to explore the questions of life

Please come the first night for a taste of what Alpha is all about; you just might find you want to join us for the full 10 week session of talks and discussions beginning Sunday, January 9th to Sunday, March 27th (taking January 16th and February 20th off). Classes will be held at LUMC from 4:30 PM until 6:00.

The first night isn't a commitment. It's simply a chance to see if Alpha might be for you. Bring a friend and learn more about this course that explores what faith means to our everyday lives. Our topic for the first evening : "Christianity: Boring, Untrue, Irrelevant?" Alpha is about exploring the big questions of life. At the very least, it's about finding a place where you can ask questions and connect with others who are asking and exploring too. Even people who have been brought up going to church often find they really know very little about these hard questions. So whether novice or veteran we will explore together.

Please use this form, bring it to church and place it in the offering plate. A form is also on our Leesburgumc.org.

Your name _____

Your email _____

Your phone number _____

Number of children and ages if childcare is needed _____

Please indicate group preference if any: Women's group Men's Group
 Couple's Group Single's Group
 Established Small Group (name of group) _____



Alpha